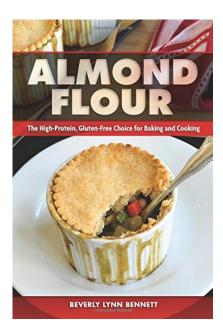
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Almond Flour: The High-Protein, Gluten-Free Choice for **Baking and Cooking PDF**



by Beverly Lynn Bennett: Almond Flour: The High-Protein, Gluten-Free Choice for Baking and Cooking

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Description:

PDF-6c204 | Almond flour has taken the culinary world by storm! Because it's made from a nut, not a grain, almond flour is gluten-free and has become a popular alternative to wheat flour and other grainbased flours, particularly among followers of specialty eating plans, including paleo, gluten-free, grain-free, specific-carbohydrate, lowcarbohydrate, and high-protein diets. Popular vegan cookbook author Bev... Almond Flour: The High-Protein, Gluten-Free Choice for Baking and Cooking





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